

## **Family Planning**

“Behold, children are a heritage from the Lord, the fruit of the womb is a reward. Like arrows in the hand of a mighty man; so are children of one youth. Happy is the man who has his quiver full of them.”

Psalm 127:3-5

### **Adventist Adoption and Family Services Program**

6040 SW Belmont St., Portland, OR 97215; 503/232-4756;

[www.adventistadoption.com](http://www.adventistadoption.com)

### **Adventist Home**

Ellen G. White, (ABC)

“Heritage of the Lord.” discusses the size of the family.

### **Love and Fertility**

Mercedes Arzú Wilson, Founder, Family of the Americas Foundation, Box 219, Mandeville, LA 70470.

Video, book, and charting kit available. Information on the “ovulation method” researched by Dr. John Billings in 1962, based on the recognition of natural signs of fertility. This method is useful for achieving both conception and contraception without drugs or other unnatural means.

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